



Baldy View Dog Park

Paw Print



Baldy View Dog Park

Information

- **Website Info:**
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- **Mailing Address:**
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- **E-mail Address:**
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- **Animal control 931-4185**

July 2008

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President's Message

The Dog Days of Summer are Back!

The summer time is always a great time to take your four legged friends to the Baldy View Dog Park. No matter how hot your neck of the woods is, it always seems nice and cool under the shade of our trees and with the company of good friends. We hope you all find time to spend with your dogs at the park, but if you want a little adventure, there are other great places to visit with your dog by your side.

Huntington Dog Beach is a great place to go all Summer long. Always a favorite of large dogs retrieving toys from the ocean, it is also a very fun place for small dogs as well. Our two Yorkies love going there as well as other San Diego area dog beaches such as the Del Mar Dog Beach, right next to the Del Mar Race Track and Fair Grounds.

Another great adventure for you and your dogs is to venture North to the many trails along the foothills. This can be a great way to get exercise for yourself and your dog. It is always a good idea to expose your dogs to as many new places and things as possible, especially while they are young, so the trails provide a great place for

your dogs to get acquainted to plenty of new smells and terrain. Please keep your dogs on a leash during trips like this as encounters with wildlife, including snakes, is always a possibility and your dogs bravery and curiosity may get the best of them if you are not in control.

If you are looking for a bigger adventure, try taking your dog with you on a family trip. We regularly take our dogs on planes with us as "carry-on's" but remember that there are fees from the airlines for this, typically in the \$50-75 range each way. If you have bigger dogs, you can still take them, but they will not be able to travel in the main cabin with you. Hotels like the Sheraton, Westin and "W" Hotel all accept dogs with few exceptions and can make your trip very comfortable by making your dog feel right at home while your out seeing the sights.

As always, please remember to take plenty of water, treats and bags for poop pick up no matter where you go. You are not the only one that wants a summer vacation, so make this summer a great one for both you and your furry companion.

Sean Smith—BVDP President

Inside this issue:

- Avoiding Heat Stroke **2**
- Financial Report **3**
- Baldy View Dog Park is Opened for Business **3**
- Upcoming Events **4**

Congratulations!

Congratulations to Jennifer Schmidgall, our park secretary and now, resident Doctor! In May Jennifer graduated from Western University of Health Sciences with a Doctorate in Veterinary Medicine. If you see Jennifer at the park, be sure to congratulate her and let her know that we are very proud of her.

Avoiding Heat Stroke By: Dr. Jennifer Schmidgall

Summer is once again upon us and it sounds as though we can be expecting some very hot temperatures! While most people are smart enough to avoid the risks of becoming overheated, we need to take extra precautions to consider our furry friends.

What is heat stroke? Heat stroke is caused by environmental factors and leads to a condition known as hyperthermia. While hyperthermia can be caused by other things such as seizures, drugs, exercise, and certain medical conditions the leading cause of hyperthermia is heat and humidity. Hyperthermia is similar to a fever in that it causes an elevation in core body temperature above normal ranges. It differs from a fever as fevers are triggered by the thermoregulatory center of the brain as a defense mechanism to fight disease.

Why be concerned about hyperthermia? The normal temperature of a dog or cat is typically between 100 – 102.5°F. The human and animal bodies are designed to encounter low grade fevers to combat infections. However, when core body temperatures are raised without control there can be significant consequences as the body is not aware that it needs to thermo regulate vital organs. At temperatures of 104°F cellular damage may occur and brain damage begins to occur around 106°F. At temperatures of 106°F or greater, it can take less than one hour for permanent brain damage to occur.

What increases the risk of heat stroke? As I have already mentioned, extreme heat is the number one factor leading to heat stroke. The following conditions increase the risk of your pets' exposure.

- High humidity coupled with extreme heat creates one of the most lethal conditions for heat stroke to occur.
- Exposure to direct sunlight in a back yard without shade or shelter can also be lethal.
- Leaving a pet in a parked car during the summer-time is very concerning, even with the windows open. A parked car can reach temperatures of 110°F in less than 30 minutes.
- Young and old animals are also at increased risk of hyperthermia as they are less able to thermo regulate.
- Heavy coated dogs such as the German Shepherd, Chow Chow, Huskies, Malamutes, etc...

- Breeds with flat faces that are predisposed to breathing difficulties such as the Shit tzu, Bull dog, Pug, Boxers, and Pekinese
- Animals with medical conditions such as seizures and heart and lung conditions.

How can I prevent heat stroke? Avoiding exposure to high temperatures and high humidity is the best prevention. In extreme heat, limit the amount of time outside and the amount of exercise that your pet receives. Do not leave your pet in a parked car for ANY amount of time. Do not leave your pet in the back yard without shelter from direct sunlight. Increase access to water and expect your pet to drink more water, even inside. Be aware of any conditions that your pet has that increase their risk of heat stroke and take necessary precautions.

What are the signs of heat stroke in my pet? In the early stages of heat stroke your pet will begin to pant excessively and will become very tired. Your pet's temperature is the best indication of overheating. As heat stroke progresses your pet may become disorientated, may begin vomiting or having diarrhea, gums may become bright red, may begin having seizures, or enter into a coma. Death is the most severe sign that can occur.

What do I do if I think my animal is suffering from heat stroke? If you are concerned that your animal is suffering from heat stroke, take a rectal temperature. Thermometers can be bought at any local drug store. If core temperature is 103°F or higher, contact your veterinarian. If your pet has been exposed to high temperatures begin the cooling process. If your pet has been in a car or a back yard, bring them inside. Lay cold and wet towels on them. Wet their foot pads with preferably rubbing alcohol (water will work if you have no rubbing alcohol). Use a fan to blow cool air over the animal. You can also dip them into a "cool" not "cold" bathtub of water. If your pet has a core body temperature of 105°F or greater or is unconscious seek emergency care immediately. When animals have suffered from heat stroke they are most likely in need of IV fluids which help to replenish their water and bring down their body temperature.

We can all still enjoy fun in the sun this summer just remember the necessary precautions to take!

Financial Report as of 6-11-2008



Balance as of October 31, 2007 recap		\$ 2,692.97
Credit from Memberships	+ \$	305.00
Credit from Donations	+ \$	100.00
Debit for Newsletter, flyers, postage, PO box	- \$	191.00
Debit for Event	- \$	100.00
Debit for Maintenance Supplies	- \$	639.45
Debit for 501C.3 Application fees	- \$	70.00
Debit for Storage unit	- \$	360.00
Debit for Bank Fees	- \$	<u>66.00</u>
BALANCE AS OF 6-11-08:	\$	1,671.52

We thank you for your support

Please remember that checks returned to us by the bank cost us and you in returned check fees.

Baldy View Dog Park is Opened for Business

The park was closed for two months, due to the need of re-seeding. Thankfully, the City of Upland stepped in and the department of parks and recreation ,generously, donated the time and money to re-seed the entire park. We thank the department of parks and recreation for their hard work and dedication to the Baldy View Dog Park. Thank you, our members and park users, for your patience and support.



Upland, CA 91785-0183

PO Box 183

Baldy View Dog Park



Upcoming Events

Quakes Bark in the Ballpark

Wednesday July 23, 2008 @ Quake Stadium

Wednesday August 6, 2008 @ Quake Stadium

Join the Quakes during the dog days of summer with your dog, cat, bird, reptile, etc.! Tickets for people are \$8 and pet passes are \$3. One dollar of every ticket sold through this offer will go directly to the Rancho Cucamonga Animal Care and Adoption Center. For tickets and information call 909-481-5252 or visit www.baldyviewdogpark.com, events page.

